



PROFESSOR (A):



DISCIPLINA:



CONTEÚDO:



TEMA GERADOR:



DATA:

LAWDO NATELL

ENGLISH

TEXT STUDY E
EXERCÍCIO DE
FIXAÇÃO

SAÚDE NA ESCOLA

04.07.2019





□ TEXT STUDY **□ VOCABULARY PRACTICE** ☐ REVIEW AND TIPS ☐ PLURAL OF NOUNS AND GENITIVE **CASE**

SÉRIE INGLÉS

TOO SMALL LARGE ENOUGH

ESTUDO DE TEXTO E EXERCICIO DE FIXAÇÃO

Smartphone use could be changing shape of our skull



Scientists say that smartphones are changing the shape of people's skulls. Some people are spending so long looking at smartphones that a small bony bump is appearing above their neck. Doctors say the bump is large enough to feel by pressing the bottom of the skull, just above the neck. Dr David Shahar, a health scientist at the University of The Sunshine Coast in Australia, spoke to the BBC about the discovery. He said: "I have been a clinician for 20 years, and only in the last decade, increasingly, I have been discovering that my patients have this growth on the skull." The bump is becoming more frequent among 18 to 30year-olds who spend many hours a day hunched over their smartphone.

MUITAS HOURS PORDIA



um estudo » LIDERADO



A study led by Dr Shahar looked at the smartphone use of 1,200 people aged 18 to 86. Shahar said 18 to 30 year-olds were more likely to have the skull bumps than older generations. He said the bumps will probably be more common as we spend longer bending our necks while looking at their phones. Doctors say the bump could come from constantly bending the neck at unnatural angles to look at digital devices. Our head weighs about 4.5 kilograms and bending our head at the same angle for a long time can strain the neck. Doctors are calling this strain "text neck". They say the skull bump rarely causes health issues. They advised people to change their posture if their neck becomes sore. Sources

https://www.livescience.com/65711-humans-growing-bony-skull-spikes.html

QUESTÃO 1

SKULL -> CRÂNID DECADE -> 10 ANOS

DE ACORDO COM O TEXTO, JULGUE EM VERDADEIRO OU FALSO. ABOVE

- A small bony bump is appearing on the neck of smartphone users.
- The bump is too small to be felt. To FEEL
- A clinician said he has had a skull bump for 20 years.
- The skull bump is most common in people aged between 18-30.
- Researchers looked at the smartphone use of those aged from 18 to 86.
- The bumps could be caused by bending our heads at unnatural angles.
- Our head weighs about 5.4 kilograms.
- Doctors advised people to change their posture if they have a sore neck.\// MUDSILM

LURAL NO VESTIBULAR

ONC > FUNCAS É EVITAR A OO1 | FUVEST REPÉTICAS (SUBST — VARIA) Assinale a alternativa que preenche corretamente as lacunas:

NGRANDE

Boys have big and girls have small

- a) foots ones
- b) feet ones
- c) feet one
- d) feets ones





PLURAL NO VESTIBULAR 13 SUBST TERMINADOS

EM FOUFE

002 | CESGRANRIO/

KNIVES is the plural of KNIFE. Which of the words below does not form its

plural in the same way? WAL DAS POLOVERS ABAIXO NOT

DA MESMA MANGRAZ

- a) Wife. WIVES
- b) Life. Live S
- c) Leaf. LEAVES

e) Half. HALVE

